

BUILD A KIT

A LITTLE PREPARATION CAN MAKE ALL THE DIFFERENCE.

Pack supplies in a duffle bag, suitcase or storage container and keep it in a place that is easy to access. Remember to test batteries, check expiration dates and update important documents every year. Here's a quick list of supplies to keep you prepared:



+ **FOOD & WATER**



+ **RADIO & PHONE**



+ **FIRST AID KIT**



+ **CASH AND I.D.**

FOR A FULL KIT LIST, visit:

KnoWhat2Do.com

MAKE A PLAN

TAKE THE EXTRA STEP TO PROTECT YOURSELF.



**THINK.
PREPARE.
ACT.**

It only takes a few minutes to develop a plan that will keep your family safe in the event of an emergency. When finished, you'll have a pocket-size emergency plan for yourself and your loved ones. So pencil in some time for emergency preparedness planning.

THINGS TO CONSIDER BEFORE YOU DEVELOP YOUR PLAN:

- + The individuals who live in your household (including pets) and their individual needs.
- + A list of the common places where members of your family spend their time.
- + Destinations that would serve as meeting places for your family in the event of an emergency.
- + A list of emergency contact information.



DO YOU HAVE WHAT YOU NEED?

EMERGENCY RESOURCES

NOAA All Hazards Weather Radio
Emergency Alert System
Tune in to WBAP 820AM for emergency instructions

KnoWhat2Do.com

Follow us at @KnoWhat2do

DO YOU KNOW WHAT TO DO?

YOU ARE
YOUR OWN BEST
PROTECTION

BE PREPARED. MAKE A PLAN.

KnoWhat2Do.com

SEVERE WEATHER

KNOW THE SIGNS – IT PAYS TO BE PREPARED.

STORMS

Do not attempt to outrun a tornado in a car; go to a home or shelter. If no shelter is available, lie flat on your stomach in a low-lying area and cover your head and neck.

FLOODS

Flash floods take more lives each year than any other form of severe weather. Never attempt to drive through flooded roadways – if your car stalls, leave it immediately and head for higher ground.

HEAT & WILDFIRE

From heat exhaustion and stroke to roaring wildfires, there are many dangers in times of extreme heat. Stay vigilant and know the warning signs.

WINTER WEATHER

Be careful of clear “black ice” on roads, and avoid bridges and overpasses. Wear several layers of loose-fitting, lightweight warm clothing instead of one heavy layer.

DID YOU KNOW?

TEXAS AVERAGES MORE THAN 125 TORNADOES PER YEAR, MORE THAN ANY OTHER STATE.

LOCAL HAZARDS

HAZARDOUS MATERIALS ARE ALL AROUND YOU. STAY AWARE.

SPOT THE HAZARDS



HAZARDOUS MATERIALS

Chemical accidents most often occur in homes and are found in fertilizers, window cleaners and LCD flat-screen TVs. Proper disposal of chemicals can keep you and your neighbors safe and healthy.



HOME FIRES

Smoking in the home and holidays generally have an increased risk of fire. Keep a fire extinguisher in your home and know how to use it.



CARBON MONOXIDE

This colorless and odorless gas can be potentially deadly. If you experience shortness of breath, nausea, dizziness or headache, move to a fresh, open-air space and call 9-1-1 immediately.



GAS WELLS & PIPELINES

Subterranean pipelines are an invisible hazard and exposed pipelines may not be marked. Familiarize yourself on how to stay safe and where equipment is located.

MASS VIOLENCE

LEARN HOW TO PROTECT YOURSELF AND YOUR FAMILY.



PREPARE. BE AWARE. TAKE ACTION.

Dallas - Fort Worth is listed as one of the nation's top ten terror targets. It is important to stay informed and take proper action in a terrorist-related emergency. If you see something that looks suspicious, contact your local authorities, and always have your emergency kit ready to go.

ACTIVE SHOOTER

Always observe and be aware of your environment and take note of the two nearest exits in any place you visit. When faced with an active shooter situation, you can hide, stay where you are, lock the doors and block any entrances. If you cannot hide, run until you are safe – fight only as a last resort.

+
make a
PLAN

ALWAYS TEACH YOUR CHILDREN HOW AND WHEN TO CALL 9-1-1.

EPIDEMIC & PANDEMICS

WATCH FOR SYMPTOMS AND PRACTICE GOOD HYGIENE DAILY.

EPIDEMICS

Viruses that skyrocket to an unpredicted level of infected people become epidemics. Avoid sharing food and drinks when you or others are experiencing symptoms.

PANDEMICS

Global outbreaks of epidemics become pandemics. KnowWhat2Do encourages you to learn who to turn to locally if you need immediate information, resources or help.

AVOID THE FLU

Everyone over the age of 6 months should receive a flu vaccine. Remember to wash your hands and cover your mouth with a tissue when you sneeze or cough.

MOSQUITO-BORNE ILLNESS

To avoid mosquito-borne illnesses, empty all sources of standing water around your home, where mosquitos lay their eggs. Apply insect repellent to exposed skin when you go outside. Fix torn or ripped window screens to keep mosquitos outside.

CONTACT YOUR DOCTOR OR HEALTH PROFESSIONAL IF YOU HAVE ANY SYMPTOMS.